

Basic Life Support (BLS)

COURSE CONTENTS

- Critical concepts of high-quality CPR
- Chain of survival Adult and Child
- 1-Rescuer CPR for adult, child and infant
- > 2-Rescuer CPR and AED for adult, child and
- > Bag-mask techniques for adult, child and infant
- Rescue breathing for adult, child and infant
- Relief of choking (Foreign Body Airway Obstruction) for adult, child and infant
- CPR with an advanced airway

Advanced Cardiovascular Life Support (ACLS)

COURSE CONTENTS

- Advanced life support skills
- Recognition and early management of: a) Respiratory Arrest and Cardiac Arrest b) Stable and Unstable Tachyarrythmia and Bradyarrythmia
- Airway management
- Drugs used in ACLS algorithm
- Management of Acute Coronary Syndrome
- Management of stroke
- **Effective Resuscitation Team Dynamics**







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